



Internship Description

The role of the intern is to work with CAN DO Houston staff, partners, and community members to promote, engage in, and deliver high quality programs and initiatives that will facilitate access to healthy eating and active living in underserved communities through environmental and policy change. Interns must embody CAN DO Houston's (CAN DO) mission – *To prevent and reduce childhood obesity by addressing systemic barriers to good health in communities with limited resources. CAN DO works with residents and organizations through its diverse partner network to develop and implement relevant initiatives that build on existing assets and grow community capacity. CAN DO targets environmental and policy changes to support a culture of health, including: active living, healthy eating, and on-going civic engagement.*

Interns will build and develop an array of essential skills related to public health and effective community-based practice, health education, health equity, community engagement, community capacity building, advocacy, leadership, effective multi-sector collaboration health policy, project management, the built environment, coalition development, and working effectively in a team environment. Primary responsibilities include:

- ❖ Assisting with implementation of community-driven initiatives in target communities in conjunction with residents plus other interns and staff (eg. Leadership and Advocacy Training, the Healthy Corner Store Initiative, Let's Move, the Briscoe-CAN DO Bus, Mobile Produce Units, community coalitions, etc.).
- ❖ Completing an internship project during each semester to support and expand the reach of CAN DO's efforts, which are directed by the needs, barriers, and focus areas established by CAN DO's priority communities. Internship projects are comprehensive, centered around the skills listed above, and divided into phases across the duration of the internship, including literature reviews and article abstractions, needs assessment, direct project and team management, initiative development and implementation, report generation, database development and maintenance, data analyses, program evaluation, presentation generation and delivery, and manuscript development.
- ❖ Working with community members, leaders, and partners to better understand existing needs through meaningful attendance and engagement at community meetings, events, and other opportunities.

2617C West Holcombe Blvd #596
Houston, TX 77025
(832) 405-5451
www.candohouston.org



- ❖ Authentically engaging community residents and leaders to connect relevant partners and resources to address identified needs plus build community capacity and empowerment.
- ❖ Reviewing current initiatives and evidence to ensure that content will support effective and sustainable practice that is appropriately tailored to the needs and proposed solutions of CAN DO priority communities.
- ❖ Assisting with data collection, entry, management, and analysis to evaluate the effectiveness of CAN DO initiatives.
- ❖ Attending, facilitating, and actively participating in regular team meetings.
- ❖ Engaging elected officials and other decision makers to create awareness around community needs and relevant opportunities to mobilize change and advance community health.